



## A Positive Mindset Builds a Brighter, Hope-Filled Future

Educators face major challenges curriculum alone can't solve. Students battle unprecedented levels of bullying, depression, and anxiety. Teachers get burned out due to the pressures of standardized testing, lack of time to plan and teach, overloaded classrooms, and student issues that originate from home and outside of school.

Social and emotional learning becomes transformative in our schools and communities when we:

- Reconnect teachers to their passions, their students, and each other.
- Use a common language to infuse social and emotional learning (SEL) concepts into every activity and conversation.
- Provide school leaders and teachers with the guidance to make a positive impact on school culture.
- When students and teachers make the connections that matter, academic performance goes up and behavioral issues go down.

*As a result, school communities are more hopeful for positive and lasting change.*

### MINDSETS-BASED LEARNING FOR LASTING CHANGE

 **EVERYTHING IS POSSIBLE**

 **PASSION FIRST**

 **WE ARE CONNECTED**

 **100% ACCOUNTABLE**

 **ATTITUDE OF GRATITUDE**

 **LIVE TO GIVE**

 **THE TIME IS NOW**

Mindsets are ways of thinking that influence our feelings, thoughts, and actions. Mindsets are rooted in emotion, they affect our relationships and our quality of life. What separates the 7 Mindsets from other SEL programs is that we nurture the mindsets of both students and educators. The activities and experiences make participants more receptive to change and offer tremendous opportunity for personal growth. The 7 Mindsets empowers both students and educators to live lives of passion, purpose, and meaning by positively changing the way they think about themselves and their future.

The 7 Mindsets approach is based on a common language of SEL beliefs. When everyone is speaking the same language, including teachers, administrators, and the wider community, the ideas will stick.

With this common language as its core, 7 Mindsets provides a comprehensive SEL solution designed to build a positive and productive school culture with renewed hope and connection.

## Why choose 7 Mindsets?

While curriculum is an important component of student learning, it takes more to affect the hearts and minds of students and their teachers. That's why we start by assessing where you are on your SEL journey, design a recommended path with your input, nurture the SEL health of teachers and students, and provide the training needed for everyone to succeed.

### LEARN FROM EDUCATORS WHO HAVE BEEN THERE.

**SEL ROADMAP DEVELOPMENT:** Leadership coaching helps your team assess where they are, set goals, organize an SEL committee, develop an implementation plan, and make adjustments throughout the year.

**SEL COACHING:** Learn best practices from districts across the nation through ongoing coaching, support, and accountability.

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### BUILD A STRONG FOUNDATION WITH ADULT-BASED SEL.

**TEACHER TRAINING AND PROFESSIONAL DEVELOPMENT:** Live and online courses help teachers and staff connect personally to materials, strengthen relationships with colleagues and students, and get them back to the heart of teaching.

**COLLABORATION AND SHARING:** Our online, private community gives teachers a single convenient place to collaborate and share SEL best practices, anytime, anywhere.

**TIME-SAVING RESOURCES AND LESSONS:** SEL Lesson Builder helps teachers adapt content to their needs, upload lessons to share, and search thousands of ready-made videos, activities, and printable materials.

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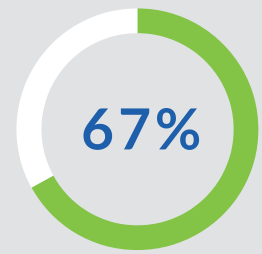
### CREATE A SCHOOL CULTURE WHERE EVERYONE THRIVES.

**RIDICULOUSLY AMAZING SEL PROGRAM:** Our mindsets-based framework includes the 7 Mindsets with 4 learning objectives each, with all aligning to the key competencies of resilience, growth mindset, empathy, cultural competence, and hope.

**CULTURALLY RELEVANT CURRICULUM:** Engaging digital curriculum for PreK-12 in English and Spanish is appropriate in rural, urban, and suburban settings. (Includes 30 SEL courses based on Bloom's Taxonomy—plus situational SEL courses on mental health, career readiness, equity, and much more.)

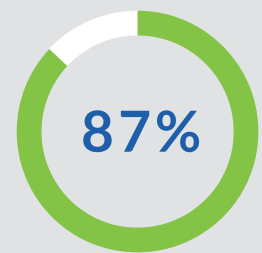
**COMMON LANGUAGE FOR COMMON UNDERSTANDING:** Common language around the 7 Mindsets keeps the conversation going all day, every day, expanding SEL beyond the classroom and into communities and families.

## The 7 Mindsets Evidence Based Proven Results



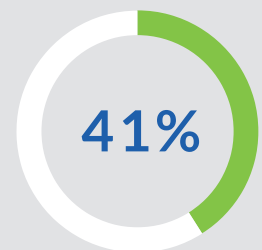
### DECREASE IN TEACHER REFERRALS

(New Caney ISD, TX)



### SHOWED HIGH LEVELS OF GRIT AFTER 32 HOURS OF INSTRUCTION

(Baseline 25%) (Gamel, M.)



### FEWER STUDENT SUSPENSIONS AND EXPULSIONS

(Middle/high school students in TX and FL)



OPTIMISM, SELF-EFFICACY,  
MENTAL HEALTH,  
INTRINSIC RESILIENCE,  
AND ADAPTABILITY

(Elementary school students in Cincinnati, OH)

TO LEARN MORE CONTACT US TODAY!

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